










# PROGRAMM DECEMBER 2019

ACTIVITY	DATE	DEPARTURE		EVENT		DESCRIPTION	COST
		TIME	PLACE	TIME	PLACE		
	22.12.	7:30 AM	Marketsquare Bütgenbach	7:30 AM - 9:30 AM	Lake Bütgenbach	<b>SUNRISE HIKE</b> with headlamp 2 hours tour – 10 km	15 €/p.
	23.12.	1:45 PM	Marketsquare Bütgenbach	2:00 PM - 4:00 PM	Lake Bütgenbach	<b>TRAIL AND LAKE RUN</b> 2 hours - 10 to 14 km	15 €/p.
	24.12.			5:00 PM - 6:00 PM	Marketsquare Amel	<b>OUTDOOR FITNESS</b> Christmas Eve Special	15 €/p.
	25.12.	9:00 AM	Marketsquare Bütgenbach	9:30 AM - 12:30 AM	Bayehon Valley	<b>NATURE WALK</b> Bayehon Valley 3 ½ hours – 14 km	15 €/p.
	26.12.	9:15 AM	Marketsquare Büllingen	9:30 AM - 11:30 AM	Rotheck Büllingen	<b>NATURE RUN</b> 2 hours – 10- 15 km	15 €/p.

ATTENTION, please check the Facebook event for more information and changes. [Registration is required.](#)



# PROGRAMM DECEMBER 2019

ACTIVITY	DATE	DEPARTURE		EVENT		DESCRIPTION	COST
		TIME	PLACE	TIME	PLACE		
	27.12.			5:00 AM - 6:00 AM	Marketsquare Bütgenbach	<b>OUTDOOR FITNESS</b>	15 €/p.
	28.12.	7:30 AM	Marketsquare Bütgenbach	7:30 AM - 9:30 AM	Lake Bütgenbach	<b>SUNRISE HIKE</b> with headlamp 2 hours – 10 km	15 €/p.
	28.12.	1:30 PM	Marketsquare Bütgenbach	2:00 PM - 4:00 PM	Bayehon Valley	<b>TRAIL RUN</b> 2 hours – 14 km	15 €/p.
	29.12.			2:00 PM - 5:00 PM	Monkey Barn Kalterherberg Germany	<b>OCR TRAINING</b> End of Year Special	15 €/p.

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